

Cooking with Confidence



Would you like to learn more about safety and hygiene in the kitchen, as well as how to prepare and cook delicious healthy meals?

Orana has developed a cooking program aimed to help you to feel confident in the kitchen. You can participate in as many cooking lessons as you would like!

You can choose to cook with a small group of people or one on one. You can have a choice about the food that you would like to learn to cook too.

This program is suited to people of all levels of literacy. You will receive a certificate upon completion and a recipe folder so you can keep practicing at home.

Who can participate? Anyone with appropriate NDIS funding. You can also self-fund if required. NB: Food is to be provided by the participants.

Who delivers this training? Orana has Developmental Educators and Client Development Coordinators who will spend time with you one on one or in a group to help you feel more confident cooking.

When can this training start? As soon as you are available. Our staff can arrange a time that suits you.