

# Building your Capacity



**Orana provides programs to increase your independence and confidence in many areas of your life. Programs are flexible, fun and can be in small groups or one on one.**

**Support Coordination** is also available to help you navigate through the NDIS and connect you with a variety of service providers to meet your goals.

Our Developmental Educators are experienced in developing individual **Positive Behaviour Support Plans** and providing training to address behaviours of concern.

**Our programs include:**

- Cooking with Confidence
- Social Skills and Communication
- Budgeting and Money Handling
- Transport Training
- Healthy Relationships
- Turning Anger into Calm
- And more

