



WEEKEND SHORT BREAKS

PRACTICE INDEPENDENCE, MAKE NEW FRIENDS AND GAIN NEW EXPERIENCES AS PART OF ORANA'S SHORT BREAKS PROGRAM.

WEEKEND SHORT BREAK DATES

FEB 27 - MAR 1

West Beach

MAY 8 - 10

Semaphore Park

AUG 14 - 16

West Beach

NOV 13 - 15

Levi Park

Orana's Weekend Short Breaks are offered four times per year between February and November for adults with Down syndrome or other intellectual disabilities. Each break provides a structured yet enjoyable experience, running from Friday evening through to late Sunday afternoon.

Participants can take part in a range of enriching activities, including shared meals, team-building experiences, and outings to local events. Weekend Short Breaks are designed to support social connection, giving participants the opportunity to reconnect with familiar friends and build new relationships in a supportive and inclusive environment.

Aligned with Short Term Respite (STR) guidelines, the program also focuses on skill development and capacity building, supporting participants to work towards their individual NDIS goals. Orana is committed to providing a safe, inclusive setting that balances fun, independence, and personal growth.

Want to know more?

Contact our team on 8375 2000 or intake@orana.asn.au

orana
Creating Opportunities